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한방 내과, 한방 소아과, 한방 부인과, 한방 재활과 등  
여러분의 필요에 충분히 만족시켜 드릴 것을 약속 드립니다.



### 傳承韓方炳院

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전통 한의술과 정통 무술을 이용한 치료방법을 선택하고 있습니다.  
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## Eastern Medicine

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www.chunseung.com

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**OHTC HEALTHCARE SYSTEM, PLLC**  
**(Acupuncture & Herbology Clinic)**

**Practice Since 1974**



**OHTC-Chun Seung**  
**(Exploring the Alternatives)**

**2625 Old Denton Rd., Suite 546,**  
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**(972) 608-8877**

[www.ohtc.com](http://www.ohtc.com) (**English**)  
[www.chunseung.com](http://www.chunseung.com) (**Korean**)

## **Rule of Nature**

**"Close to Nature, Far from Disease ... Far from Nature, Close to Disease."**

**Acupuncture and Herbology are Safe, Natural Therapies.**



## **Healthy Life**

**"If we lose money, it is significant. If we lose honor, it is very significant. If we lose health, we lose everything."**

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**W**elcome to the OHTC Healthcare System Manual, the no-nonsense guide to a better understanding of Eastern Medicine. We appreciate the opportunity to provide you with quality health care. This Manual is written in a way that instantly makes it easy to understand exactly what Eastern Medicine can do for you. It is also designed to answer the basic questions that most patients have. If you have any further questions after reading this Manual, please ask, since we do want to be of help.

For over 25 years in the Metroplex area, we have been helping people live a healthier life through quality care. When you or your loved one needs medical care, you want the most appropriate and best care available. To achieve this, certain decisions may need to be made involving the kind of care given. We sincerely hope that this Eastern Medicine Manual can serve as a guide in your decision making, and that it will help you to help yourself into a healthy, all natural life...enjoy it!

All diagnoses by the OHTC Healthcare System professionals are made from the Eastern medical stand point. This is in no way similar to modern medical practices.

**Office Hours:**

**Monday: 9:00am - 6:00pm**  
**Tuesday: 9:00am - 6:00pm**  
**Wednesday: 9:00am - 6:00pm**  
**Thursday: 9:00am - 6:00pm**  
**Friday: 9:00am - 6:00pm**  
**Saturday: 9:00am - 4:00pm**

**Appointments:**

We try to see all patients on an appointment basis. We request that you call in advance so that we can reserve a time for you. If you have an appointment and are unable to keep it, please notify us as soon as possible so that we can allocate that time to someone else who is in need of treatment. If possible, please call us 24 hours in advanced in order to cancel an appointment.

**Non-cancelled appointment (24 hrs. in advance): \$80.00**

## **What are the cost and fees?**

Consultation: \$40.00 (30 minutes).

Consultation includes the initial examination. The initial examination will include an overall evaluation of the patient's condition. Questions or concerns may be expressed at this time to ensure that the patient is comfortable before any treatment is given. In special cases where the Consultation requires more in depth examination, additional fees may be required. Please contact Chun Seung – OHTC for additional detail.

Acupuncture, Acupressure or Natural Healing Art Treatment: \$80.00 Per Treatment  
Each treatment requires between 30 minutes to 1 hour. The number of treatments is dependent on the patient's individual condition. Each condition is unique and must be treated to provide the maximum results. The goal is to not only correct and improve conditions, but also educate the patient on how to control and maintain a healthy natural condition.

Herbal Prescriptions: \$180.00 Per Week's Supply

all herbal prescriptions from the Chun Seung - OHTC Health Care System are individually prescribed with imported natural herbs. These natural herbs are formulated, cleaned, cooked and made into a tea form. There are no chemicals or preservatives involved.

Payment is due at the time of service. We expect you to pay for the office visit and any treatments received at the time those services are rendered. We accept the following forms of payment:

- Cash
- Personal Check
- Travelers Check
- Visa
- Mastercard
- Discover
- American Express

Payment is due at the time of service. We expect you to pay for the office visit and any treatments received at the time those services are rendered. We accept the following forms of payment: cash, personal check, traveler's check, Visa, Mastercard and American Express.

### **Traditional Eastern Medicine**

Eastern medicine is practiced throughout the world and has a recorded history over thousands of years. Traditional eastern medical techniques include acupuncture, acupressure, herbal medicine and traditional physical and mental exercises. These natural healing techniques are proven astoundingly effective both in the treatment of a variety of illnesses, and in the promotion and maintenance of general health conditions. Along with traditional eastern treatments, today's Doctor of Eastern Medicine also has the benefit of modern western medical diagnostic techniques. The proper incorporation of these two medical systems, eastern and western diagnostics and treatments, results in the highest success rate among patients.

### **Chun Seung - OHTC Healthcare System**

Chun Seung – OHTC is a complete natural health and healing system that supports total life development. This system includes traditional eastern medicine, martial arts, tea for health, traditional Baduk and eastern philosophy. Chun Seung – OHTC's natural health treatments help patients without toxic medications that often result in devastating side effects. Each patient has specific body metabolism requirements and treatment is specifically formulated based on the individual patient's needs. Chun Seung – OHTC utilizes the deep traditions of our history and has our patients' best interest in mind. Doctor Edward K. Song is a respected Doctor of Eastern Medicine. He is a recognized expert in the fields of acupuncture and herbal medicine, and has authored numerous books on the subject of eastern medicine. Dr. Song graduated from eastern medical school in Korea and later obtained a PhD in Traditional Eastern Medicine from the International University for Complementary Medicine. He has practiced acupuncture and herbal medicine since 1974 and is licensed to practice acupuncture in Texas and Illinois. Doctor Song is also a respected Grandmaster and expert in traditional martial arts.

**Do you accept insurance?**

Yes and no. Many major insurance companies such as United Health Insurance, Pacificare etc. will pay for our Acupuncture treatments only. However, certain companies and government programs such as Medicare, Medicaid and Blue Cross & Blue Shield do not presently provide coverage for any of our services. You should first check with your company and with the clinic since individual policies do vary. Please present your insurance card to the receptionist when you visit our office.

**Insurance Forms:**

This office will be happy to complete your Insurance Forms. However, each patient is responsible for the payment of all fees to the Clinic at the time services are rendered. Any reimbursement by the insurance company will be strictly between the patient and their company.

**What determines the cost of treatment?**

The cost of treatment is based on each person's individual needs. Depending on the type of treatment, the expenses will vary from patient to patient. The only investment that we ask the patient to make is the forty dollar consultation fee. Careful examination and diagnosis by the doctor determines the best course of treatment. During the consultation, feel free to ask any question that you might have. After careful consideration, you may then make a decision concerning your treatment.

**Why are the Herbal prescriptions so costly?**

The cost of Herbal prescriptions relates most directly to the obtaining and preparation of the herbs themselves. We use only absolutely pure and natural herbs in our treatments. Unfortunately, many of the herbs we need can only be found deep within the Korean and Chinese mountains and are difficult to harvest. Invariably, there are a few people living in the mountains who harvest and sell herbs for their livelihood. There are also the exportation and shipping cost to consider. In other words, by the time the necessary raw herbs reach our clinic, they are already quite expensive.

The preparation of the actual herbal teas also figures into the overall price of the treatment. There are three ways to prepare raw herbs for medical use: in peels, in powders, and in teas. The first of these methods, Hwan or peels, involves crushing the raw herbs and then mixing them with honey, for consistency, and ingesting the pellets. Powder or San preparation simply requires pulverizing the raw herbs into powders and directly ingesting the powders. The final method, Tang or tea preparation consists of brewing the raw herbs into a tea and drinking it.

Powder preparation is the cheapest but the least safe method of preparing herbs. There is simply too great a risk of spoilage and contamination involved in this process to make it safe. Peel preparation is slightly more expensive than powder preparation but also runs the risk of contamination. When preparing powders or peels, there are serious concerns about sanitation, because during these processes, the herbs cannot be properly rinsed and cleaned. The reason being that both the powder and peel processes require completely dry herbs. Thus, in both cases, the patient must directly consume the uncleaned raw herbs, which is why their risk factor is very high.

On the other hand, tea preparation is by far the safest method of preparation but also the most costly. In tea preparation, the herbs are thoroughly cleaned and rinsed and then refined to the highest degree possible, eliminating all of the risks associated with ingesting raw herbs. However, the actual amount of tea produced from a given batch of herbs is quite small in comparison to the amount of raw herbs used. For example, a given amount of raw herbs that can produce a two month supply of peel or powder treatments can only produce about one week of tea prescriptions! But, tea preparation has proven to be a much more effective form of treatment than the other methods. After all, the human body is already set up to digest liquids efficiently, thus the body naturally extracts the nutrients and medicines from the herbal teas quite easily. Thus, for reasons of safety and effectiveness, the OHTC Healthcare System has chosen to use only the tea or Tang method of herbal preparation in nearly all cases. Only in extremely rare situations will the use of other methods of herbal preparation be considered.

**What is an O.M.D.?**

O.M.D. stands for Oriental Medical Doctor and refers to a Doctor of Eastern Medicine. It is a recognized academic degree, and an O.M.D. is also a licensed acupuncturist. A Doctor of Eastern Medicine specializes in the examination, diagnosis and treatment of all general health conditions from an Eastern medical point of view.

**What are the qualifications of an O.M.D.?**

Today, students earn a four-year Bachelors Degree while studying at a recognized College of Eastern Medicine. After two more years of study, a student may fulfill the requirements for an O.M.D. degree. Further studies then fulfill the necessary credits to receive a Ph.D., a Doctor of Philosophy in Traditional Medicine. Upon graduation from a recognized institution, the student is eligible to take the State board examination for their license to practice. Today's Doctor of Eastern Medicine is an active member of the health care team along side other modern medical systems in the U.S. and around the world.

**When should you see a Doctor of Eastern Medicine?**

You should see an O.M.D. for the same reasons you would go to any other doctor. It is advisable for everyone to get regular check-ups by a qualified O.M.D. as a part of their general health care plan. If we are unable to help or detect a particular problem, we will gladly consult with your family physician or other trained specialists regarding your care.

**Availability:**

If your own Doctor is not available due to illness, vacation or any other matters, there will be another qualified Doctor available to attend to your needs until your own Doctor returns.

## **What exactly is Eastern Medicine?**

Eastern Medicine has been practiced throughout the world for over five thousand years. The traditional Eastern medical techniques--Acupuncture, Acupressure, Herbology and Tai Chi Chuan--have proven astoundingly effective both in the treatment of a variety of illnesses and in the promotion and maintenance of general health conditioning. Along with traditional Eastern treatments, today's Doctor of Eastern Medicine also has the benefit of modern Western diagnostic techniques. The proper incorporation of these two medical systems, specifically of Western diagnostics with Eastern treatments, results in the highest success rate among patients.

**ACUPUNCTURE** is a method of treatment using well-sterilized disposable needles to pierce the skin. Acupuncture needles were first made simply of stone and bone. Over the years, many other materials have been used to make needles, even precious metals such as gold and silver. Today, the needles are made of the highest quality stainless steel and would be impossible to break during usage. Acupuncture needles vary in length from one to four inches and are inserted into the body at designated locations called Acupuncture points. Typically, the needles are inserted while being rotated between the thumb and forefinger. In most cases, the needle isn't felt at all. Sometimes, there is a sharp prick, but this is only momentary. Thus, the point, depth and angle of insertion as well as the time involved all affect the intensity of stimulation caused by the needle. Acupuncture is the preferred method of treatment for muscle and nerve disorders and has no risk factors or serious side effects (see below).

**ACUPRESSURE** is a method of manipulating Acupuncture points with the fingers, hands and elbows for various amounts of time. This technique also includes Soo Ki, a hand energy treatment also using the fingers, palms and elbows. Acupressure may be used as an addition to Acupuncture treatment or as an alternative treatment in and of itself. Acupressure is the preferred method of treatment for bone, joint and muscle disorders.

### **Reactions and Side Effects:**

After the first few treatments, sometimes patients feel a little weak and/or possibly experience some sweating or other symptomatic responses. On the whole, this discomfort is mild and will not prevent the patient from leading a normal everyday life. There may also be a general aggravation of symptoms, but this will not last for long. One of the laws of natural medicine states that if one is to affect a cure, then the disease must go from within outward, from above to below, and that the symptoms will return in the reverse order in which they appeared. An aggravation of symptoms can be seen as the start of this outward movement on the part of the disease. Plus, any such aggravation is always temporary.

**HERBOLOGY** consists of using natural herbs to help with various internal disorders, general health conditioning and internal cleansing. We use only the highest quality natural herbs available. In some cases, the antlers from young deer are used in our prescriptions. We do not use any other type of animal matter. Nor are there any artificial additives or chemicals in our herbal formulas. The herbs generally consist of the bark, stems, roots and leaves of plants. The prescription is a dry formula that our clinic makes into a tea for the patient to drink. Herbal medicine is unlike most of the chemical drugs used today in the West, which have many harmful side effects. In Eastern Medicine, herbal prescriptions can be used consistently for long periods of time, unlike most Western medical drugs. There is no risk or harm to you in taking our herbal prescriptions.

### **Reactions and Side Effects:**

Herbal prescriptions work as medicine for the body but have no real side effects. In other words, if these herbs had no medicinal effect whatsoever, then they would simply have the same effect on our body as food does. Therefore, when we are referring to the "side effects" of herbs, we are also referring to the "side effects" of the food we eat everyday. For example, we all need the protein found in red meat. However, if we eat too much red meat, then it may damage our body (through higher cholesterol, triglycerides, etc.). As with food, there must be proper balance when we take herbal prescriptions in order for them to be effective. Your O.M.D. is here to help insure that such a balance is maintained both during and after your treatment.

**TAI CHI CHUAN:** Tai Chi Chuan is a traditional form of Chinese martial arts. However, it is also used as a method of therapy in the Eastern Medicine. There are many health benefits that result from regular Tai Chi exercise. Improving mental and physical conditioning and balance as well as the development of internal and external power are just a few. Today, this ancient, traditional form of martial arts continues to demonstrate its effectiveness on general health as it has for thousands of years.

### **What can be treated by Eastern Medicine?**

The following alphabetical list contains many different illnesses that are treatable by Eastern Medicine. If an illness is not found below, that does not necessarily mean that we cannot help. There are simply too many potential ailments to list them all. Please feel free to check with the clinic regarding any further questions you may have about these or any other illnesses.

### **How often will I need treatment?**

The number of treatments is based on each person's individual needs and depends on the patient's condition, illness(es), what drugs have been or are being taken and the patient's diet. Also, the age of the patient and length of time they have been suffering the illness in question play a role in diagnosis and treatment. We also recommend to most of our patients that treatment continue for at least five to ten treatments after the symptom(s) subside(s). This is done to insure the effectiveness of the treatment. Of course, permanent relief is our goal and every effort will be made to achieve success. However, human body science is so complicated that we cannot absolutely guarantee the success or effectiveness of a specific treatment or series of treatments. The fact is that Eastern Medicine has thousands of years of "clinical" experience and a very high success rate. Plus, in most cases, it is better to prevent an illness before it develops fully, and that is the main focus of Eastern Medicine. However, if the patient's illness has progressed, then we try to halt its development as soon as possible. After completion of a successful treatment, we typically expect the patient to see us once every month for three months and then once every six months for check-ups.

## **World Health Organization Acupuncture Report**

In 2003, the World Health Organization published a landmark study, titled "Acupuncture: Review and Analysis of Reports on Controlled Clinical Trials". This report may be downloaded by clicking the WHO Acupuncture Report icon located on the right side of this webpage, or in the News & Information sections of this website. A summary of their findings is quoted below. The diseases or disorders for which acupuncture therapy has been tested in controlled clinical trials reported in the recent literature can be classified into four categories as shown below.

1. Diseases, symptoms or conditions for which acupuncture has been proved-through controlled trials-to be an effective treatment:

- Adverse reactions to radiotherapy and/or chemotherapy
- Allergic rhinitis (including hay fever)
- Biliary colic
- Depression (including depressive neurosis and depression following stroke)
- Dysentery, acute bacillary
- Dysmenorrhoea, primary
- Epigastralgia, acute (in peptic ulcer, acute and chronic gastritis, and gastrospasm)
- Facial pain (including craniomandibular disorders)
- Headache
- Hypertension, essential
- Hypotension, primary
- Induction of labour
- Knee pain
- Leukopenia
- Low back pain
- Malposition of fetus, correction of
- Morning sickness
- Nausea and vomiting
- Neck pain
- Pain in dentistry (including dental pain and temporomandibular dysfunction)
- Periarthritis of shoulder
- Postoperative pain
- Renal colic
- Rheumatoid arthritis
- Sciatica

- Sprain
- Stroke
- Tennis elbow

2. Diseases, symptoms or conditions for which the therapeutic effect of acupuncture has been shown but for which further proof is needed:

- Abdominal pain (in acute gastroenteritis or due to gastrointestinal spasm)
- Acne vulgaris
- Alcohol dependence and detoxification
- Bell's palsy
- Bronchial asthma
- Cancer pain
- Cardiac neurosis
- Cholecystitis, chronic, with acute exacerbation
- Cholelithiasis
- Competition stress syndrome
- Craniocerebral injury, closed
- Diabetes mellitus, non-insulin-dependent
- Earache
- Epidemic haemorrhagic fever
- Epistaxis, simple (without generalized or local disease)
- Eye pain due to subconjunctival injection
- Female infertility
- Facial spasm
- Female urethral syndrome
- Fibromyalgia and fasciitis
- Gastrokinetic disturbance
- Gouty arthritis
- Hepatitis B virus carrier status
- Herpes zoster (human (alpha) herpesvirus 3)
- Hyperlipaemia
- Hypo-ovarianism
- Insomnia
- Labour pain
- Lactation, deficiency
- Male sexual dysfunction, non-organic
- Ménière disease

- Neuralgia, post-herpetic
- Neurodermatitis
- Obesity
- Opium, cocaine and heroin dependence
- Osteoarthritis
- Pain due to endoscopic examination
- Pain in thromboangiitis obliterans
- Polycystic ovary syndrome (Stein-Leventhal syndrome)
- Postextubation in children
- Postoperative convalescence
- Premenstrual syndrome
- Prostatitis, chronic
- Pruritus
- Radicular and pseudoradicular pain syndrome
- Raynaud syndrome, primary
- Recurrent lower urinary-tract infection
- Reflex sympathetic dystrophy
- Retention of urine, traumatic
- Schizophrenia
- Sialism, drug-induced
- Sjögren syndrome
- Sore throat (including tonsillitis)
- Spine pain, acute
- Stiff neck
- Temporomandibular joint dysfunction
- Tietze syndrome
- Tobacco dependence
- Tourette syndrome
- Ulcerative colitis, chronic
- Urolithiasis
- Vascular dementia
- Whooping cough (pertussis)

3. Diseases, symptoms or conditions for which there are only individual controlled trials reporting some therapeutic effects, but for which acupuncture is worth trying because treatment by conventional and other therapies is difficult:

- Chloasma
- Choroidopathy, central serous
- Colour blindness
- Deafness
- Hypophrenia
- Irritable colon syndrome
- Neuropathic bladder in spinal cord injury
- Pulmonary heart disease, chronic
- Small airway obstruction

4. Diseases, symptoms or conditions for which acupuncture may be tried provided the practitioner has special modern medical knowledge and adequate monitoring equipment:

- Breathlessness in chronic obstructive pulmonary disease
- Coma
- Convulsions in infants
- Coronary heart disease (angina pectoris)
- Diarrhea in infants and young children
- Encephalitis, viral, in children, late stage
- Paralysis, progressive bulbar and pseudobulbar

### **National Institutes of Health Consensus Study**

The NIH Consensus Study is more than five years old and is provided solely for historical purposes. Due to the cumulative nature of medical research, new knowledge has inevitably accumulated in this subject area in the time since the statement was initially prepared. Thus some of the material is likely to be out of date, and at worst simply wrong. For reliable, current information on this and other health topics, The National Institutes of Health recommends consulting the National Institutes of Health's MedlinePlus website. This report may be downloaded by clicking the WHO Acupuncture Report icon located on the right side of this webpage, or in the News & Information sections of this website.

You have the right to decide:

Every adult of sound mind has the right to decide what may be done to his or her body in the course of medical treatment. As a patient, you have the right to be told about the nature of your condition, the general nature of the proposed treatment, the risks of failing to undergo the treatment and the alternate procedures available. You have the choice to accept or decline a proposed course of treatment.

Please contact our office for any additional questions or concerns related to the benefits of Eastern Medicine.

## **Professional History**

Dr. Edward K. Song has been studying and practicing Acupuncture and Herbology since 1974, first in Korea and later in the United States of America.

### **Dr. Edward K. Song**

The current leader of Chun Seung is Doctor of Eastern Medicine and Grandmaster Song, Kyong Sik. Grandmaster Song's American name is Edward Song. The Gwanak and Jiri mountains of South Korea provided the ideal environment for the teaching and development of the Song family traditions. In the mountains of Korea and under the tutelage of his grandfather, Grandmaster Song, Keum Sool, Grandmaster Song gathered traditional herbs by hand and began to understand the applications of Nature at a very young age. Eastern medicine, martial arts and philosophy developed into an integral part of the training that is passed on and preserved today.

Grandmaster Song began his martial arts training at the age of five under the tutelage of his father Grandmaster Song, Jung Soo and his grandfather Grandmaster Song, Keum Sool. The majority of Grandmaster Song's skills were acquired directly from his grandfather. Due to the reputation of the Song family's martial arts and eastern medical traditions, Grandmaster Song was afforded the opportunity to study with other great masters throughout Asia. The Song family education was focused on traditional martial arts, traditional eastern medicine, traditional tea, baduk, calligraphy and philosophy. These studies were completed in addition to formal student educational requirements. It is with great dedication and great honor that Grandmaster Song dedicated his life to the development and study of his family's educational system. Grandmaster Song completed his formal eastern medical training in Korea and graduated with a Doctor's Degree in Eastern Medicine. Grandmaster Song was now a Doctor of Eastern Medicine (OMD) and Master of the Song's family traditional martial art system.

## **Edward (KS) Song, OMD**

Before coming to the United States, Grandmaster Song served and completed his Korean military duty. Grandmaster Song trained both the Korean and American Special Forces stationed in Korea and moved from Korea to the United States in 1981. His first residence in the United States was in Washington, D.C. As the leader of Song family martial arts system “Chun Seung Moo Sool” in the United States, Grandmaster Song started to teach the "right way" of martial arts to the public. The teaching of the Song family’s martial arts traditions to the general public was a very significant decision by Grandmaster Song. Prior to this time these traditions were passed strictly to family members and disciples. The translation of “Chun Seung Moo Sool” to English was another significant decision. A rough English translation is “Heritage Continues Martial Arts”. Chun Seung Moo Sool describes the continued preservation of traditional martial arts by the Song family. This official organizational name was established by Song family member Grandmaster Song, Duk Soon in 1851. Grandmaster Song’s goal was to create a translation that would capture the traditions of the Song’s family tradition. The translated English name “OHTC Martial Arts” or “Optimal Health Total Concepts Martial Arts” was created.

## **Korean Special Forces**

Grandmaster Song opened several schools throughout the United States under the name OHTC Martial Arts. These locations included schools in LaSalle - Indiana, Peru - Illinois, Waco - Texas and cities in the Dallas / Ft. Worth area such as Carrollton, Dallas, Highland Park and Plano, Texas. In addition to martial arts, the popularity and practice of acupuncture and herbal medicine in the United States started to gain momentum. States began to issue practitioners a license to legally practice acupuncture. One such state was Texas. In addition to OHTC Martial Arts, Grandmaster Song started the OHTC Healthcare System as a resource for individuals seeking the benefits of Eastern Medicine. Grandmaster Song is known as Dr. Song by his patients and distinguished colleagues. The Song family traditions and philosophies were a solid foundation for the continued development of Dr. Song’s academic and professional career. Dr. Song also achieved Doctorate Degrees in Physical Education, Traditional Medicine and Philosophy in Traditional Medicine. Dr. Song has formally practiced acupuncture and herbal medicine since 1974, first in Korea and since moving to the United States in 1981.

**Edward (KS) Song, PhD**

Grandmaster Song, Keum Sool transferred the Chun Seung traditions to his son Grandmaster Song, Jung Soo in 1967. Grandmaster Song, Jung Soo transferred the Chun Seun traditions to his son Grandmaster Song, Kyong Sik, also known as Dr. Edward K.S. Song, in 1983 as acting Chairman. After the unfortunate passing of Grandmaster Song, Jung Soo in 1996, Grandmaster Song, Edward (K.S.) became the acting President of Chun Seung. The early translation of Chun Seung to English was a significant decision. The Chun Seung name translates from Korean to English to mean “Heritage Continues” or “Tradition Continues”. Grandmaster Song’s intention was to create an English translation that would capture the traditions of the Song family. The translated English name “Oriental Heritage Total Concepts” or “OHTC” was created. Due to the sensitive connotation that “Oriental” carries, the name was later changed to “Optimal Health Total Concepts”. In order to properly preserve traditions and the honor of the Song family, the original name of Chun Seung given by Grandmaster Song, Duk Soon was restored to represent the Song family traditions in the United States. Chun Seung is intended to be a resource for those who seek a sincere and serious life. Grandmaster Song, also known as Dr. Song, is the embodiment of these teachings and traditions that Chun Seung represents. Chun Seung continues to develop, preserve and promote the benefits of Nature as an essential resource for total life development.

**Professional Background as Doctor and Educator**

1. Founder and President of the Chun Seung - OHTC Acupuncture Clinic
2. President of the OHTC Health Care System
3. President of the Chun Seung Moo Sool (OHTC Martial Arts) Association
4. President of the OHTC Acupuncture and Herbal Research Foundation
5. Former Professor of Physical Education at University of Sciences
6. Former President of the Korean-American Acupuncture Association of Texas (KAAT) as 2nd, 3rd, 6th and 9th President.
7. Founder of the Federation of Korean-American Eastern Medicine Associations
8. Professional Affiliations
9. Texas State Board of Medical Examiners. License AC00007
10. State of Illinois, Department of Professional Regulation. License 198-000260
11. Acupuncturist Association of Texas
12. American Society of Acupuncturists
13. Korean-American Acupuncture Association of Texas
14. Federation of Korean-American Eastern Medicine Associations in the USA
15. The American Association of Oriental Medicine

## Books By Dr. Song

1. Vital Spot
2. Alternative Weaponry
3. Martial Arts Education
4. Expert's Guide
5. Fundamentals of Martial Arts
6. Instructor's Guide of Success in the Martial Arts
7. Master's Guide of Success in the Martial Arts
8. Encyclopedia of Traditional Martial Arts
9. Moo Sa Sool
10. Expressions
11. Conversation
12. Encyclopedia of Eastern Medicine
13. Modern Eastern Medicine
14. Fundamentals of Eastern Medicine
15. Healthy Life
16. Korean Tea
17. Hygiene and Phlebotomy
18. Hygiene in the Martial Arts
19. Martial Arts Rescue Methods
20. The Eastern Way Of Health
21. Preservation of Health
22. The Natural Healing Art
23. Yeum Yang and Five Elements
24. The Ancient Art of Tea
25. The Ancient Art of Ki (Meditation and Breathing)
26. Ki to Life
27. Ethics in the Martial Arts
28. Art of Traditional Baduk
29. Chun Seung Sa Sang Eui Hak
30. Modern Eastern Medicine and Health Science
31. The Ancient Art of Health
32. The Way of the Last Master
33. Book of Dr. Song's News Column

Dr. Edward Song has been featured on multiple radio and television programs, as well as, newspaper and magazine articles. For example, Dr. Edward Song appeared on the Fox channel, a nationally-broadcasted television station.

He was also interviewed on local and national radio TV talk shows such as “Talk of Town”, “6 AM”, and “On location” on topics pertaining to Eastern Medicine and Martial Arts.

Additionally, Dr. Edward Song was published in the “Dallas Morning News”, “D Magazine” many other newspapers, trade magazines, and monthly Baduk publications both in the United States and Korea.

Dr. Edward Song has also been a featured guest speaker and lecturer at many universities including “Northern Illinois University and Brook Haven College”.

For additional information and a more complete history, please visit the website: **[www.ohtc.com](http://www.ohtc.com)**

We work hard to please our patients. If, after a visit to our office, you are dissatisfied with any aspect of your care, please bring it to our attention. We always welcome constructive criticism. If there are any questions regarding the information supplied here, feel free to call our office.

Thank you for choosing preventative Eastern Medicine and us for your health!

**Signs and symptoms to report to your doctor:**

- Fever of 101 degrees or higher
- Excessive bleeding
- Tenderness of the skin
- Blood pressure higher than 140/90
- Any other symptoms that concern you

The staff of the OHTC Health Care System welcomes you!